

# THE MESSENGER FEBRUARY 2018

THE MISSION OF ST FRANCIS OF ASSISI ANGLICAN CHURCH IS TO PROCLAIM THE GOOD NEWS OF SALVATION IN JESUS CHRIST THROUGH SERIOUS DISCIPLESHIP, SACRED WORSHIP AND SELFLESS SERVICE

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## The Observance of a Holy Lent

In the early Church, the Season of Lent has a twofold character: a time of penitence and fasting and a time to prepare catechumens for baptism at the Easter Vigil. When adult baptism declined, the penitential character of Lent came to the fore. Lent became a “time when those who, because of notorious sins, had been separated from the body of the faithful, were reconciled by penitence and forgiveness, and restored to the fellowship of the Church.” (Ash Wednesday Liturgy).

Today, the penitential and baptismal characters of Lent are re-emphasized. The baptismal character especially for those already baptized, takes on the form of a renewal of baptismal vows at the Easter Vigil and at Easter Day.

That is why, on Ash Wednesday, the beginning of Lent, we hear these words: “I invite you, therefore, in the name of the Church, to the observance of a holy Lent: by self-examination and repentance; by prayer, fasting, and alms-giving; and by reading and meditating on God’s holy Word.”

I would like to encourage us as a family of St. Francis of Assisi and as individual families to practice these disciplines of Lent in these or similar simple ways:

**Fasting and Abstinence:** Have a family conversation about fasting and abstinence during Lent, especially on Ash Wednesday and on Fridays of Lent. Talk about abstinence: not eating meat on those days. Talk about fasting as limited eating: only a full meal on that day, no foods between meals. Talk about fasting and abstinence as a form of detachment and self denial from material things – not only from food and drink, but also entertainment, and other things.

**Almsgiving:** Connected with fasting and abstinence is **almsgiving**, that is to say, the savings derived from these acts of self denial are shared with those in need. Talk about the need to be intentional about doing acts of charity, especially by giving to the

poor. For every dime saved from fasting and abstinence, from not snacking and giving up sweets or drinks, put this amount aside in a jar or envelope and label it FOR A FAMILY IN NEED. Gather these offerings and let your youngest family member drop them in our LENTEN OFFERING BOX.

**Prayer:** Consider praying together daily as a family during Lent. This is a good time to start this family practice: perhaps before or just after a meal, before everyone leaves or goes to bed? Attend Sunday mass as a family or with some friends. Consider attending an extra service during the week: 1) The 2<sup>nd</sup> & 4<sup>th</sup> Wednesdays at 2 pm @ O’Connor Woods, 2) Stations of the Cross, Soup Supper and Reflection on Fridays of Lent; 3) Mass on First Saturday of each month at 9:30am before doing outreach, 4) Taize music and prayer on 2<sup>nd</sup> Wednesday of each month starting at 5 pm. Consider praying as our special intention that the Lord will send us a good and holy Vicar.

**Reading and Meditating on God’s Holy Word.** Consider joining the bible study (1) on ACTS: involving studying lessons at home during the week, and listening and discussion as a group on Sundays starting at 8:30 AM; (2) on I AM women’s bible study series on Wednesdays at 9:45 AM; (3) Movies that foster spiritual reflection on Wednesdays in Lent starting at 6 pm.

This year, these Lenten provisions are made available at St. Francis of Assisi Anglican Church. **Please see our Lenten Schedule.**

I am praying that Lent 2018 will be a season of grace and blessing.

Fr. Woodrow Gubuan

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## Sacred Worship



Greetings,

Here we have come to February and on the 14<sup>th</sup>, Ash Wednesday and the beginning of lent. During the lent season there are devotionals that we are encouraged to follow. Along with those devotionals you may want to observe some disciplines. You are familiar with ones where you deprive yourself of things, like not eating chocolate. Well I want to challenge you to think in a different direction. I would encourage you to instead of focusing on yourself focus on others.

In my sermon I talked about taking hold of your God given gift to tell the world about our Lord and savior Jesus. Present them with the Gospels. To give yourself in spreading the good news of salvation. Last year I talked about 5 consequential questions of life. They are 1. Origin: Where did we come from? 2. Identity: Who are we? 3. Meaning: Why are we here? 4. Morality: How should we live? 5. Destiny: Where are we going?

These question will help you to give an answer for the hope that is in you, "1 Peter 3:15". And remember to ask questions yourself, after all it is a conversation, and asking questions will give you an opportunity to present evidence. And don't forget to ask the question of why they believe what they believe. Don't forget that you are answering a questioner not just a question.

So invite some of your friends for coffee at Starbucks, or wherever and talk about one of these question and invite others around you to join in. Something to think about is when you are having this conversation you never know who would be listening and the impact it will have. The author of "The Case for Christ" Lee Strobel talks about how when he was on his path of conversion he felt he need to tell his boss about Jesus. His boss couldn't care less, little did he know at the time there was a non-believer fixing lights in the office next to where Lee talked to his boss. That day he decided to give his life to Christ. Lee met this man 7 years later when he told him what he hear Lee tell his boss. Sometimes we don't realize the impact we have on those around us.

May the Peace of the Lord be always with You!

Deacon Jeff Stugelmeyer



Holy Communion on the First Saturday of each month at 9:30am

An opportunity to gather and praise God before you "Go and Make

Disciples" in the different food

ministries St Francis offers in our community.



**Ash Wednesday – February 14<sup>th</sup>**

12noon – St Francis Church

7pm – St Francis Church

**Fridays in Lent**

Soup/Stations of the Cross – 6pm

**Wednesdays in Lent**

Movie & Popcorn – 6pm

**Taizé – March 14<sup>th</sup> – Gathering at**

5pm, Taizé at 6pm



**Sundays**

9:30am St Francis of Assisi

**2<sup>nd</sup> and 4<sup>th</sup> Wednesdays of each month**

2pm O'Connor Woods Chapel  
3400 Wagner Heights Rd, Stockton

## Serious Discipleship

**Thank you** to all you have been so generous in your giving and prayer for our new location.



Of course if any of you have done remodeling, you will know there are always unexpected expenses.

St Francis has had some of those: Nursery items, additional kitchen storage, extra window coverings for safety, etc. If you have not given, now would be an excellent time to do so. If you already have.....could you do a little more?

We pray you will be called to help in some way during this transition.

*St Francis uses Flocknote to send emails to our parishioners with notices and information. If you do not receive these notices, we do not have your email. Please put it in the offering plate with your name, or call the church office 565-0648*  
***Then watch your emails!!!***



February 4<sup>th</sup>

2 Kings 4:8-37

Psalms 142

1 Corinthians 9:16-23

Mark 1:29-39

February 11<sup>th</sup>

1 Kings 19:9-18

Psalms 27

2 Peter 1:13-21

Mark 9:2-9

February 18<sup>th</sup>

Genesis 9:8-17

Psalms 25

1 Peter 3:18-22

Mark 1:9-13

February 25<sup>th</sup>

Genesis 22:1-14

Psalms 16

Romans 8:31-39

Mark 8:31-38



### Daily Office Resource

<http://legereme.com/office>

Child Care is Available each Sunday from 9am.

Please see an Usher for location.



Childcare Available



The ACTS class is still in progress at 8:30am on Sundays. It is not too late to join. See Deacon Jeff or Cyndi

Telander for more info. Study Guide \$28

### Women's Bible Study

Wednesdays at 9:45am St Francis Church

Finding I AM by Lysa Terkeurst



Our Diocese of San Joaquin Website:  
<http://www.dioceseofsanjoaquin.net/>

Diocesan Newsletter:

<http://www.dioceseofsanjoaquin.net/san-joaquin-anglican.html>

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*We're on the Web!*

*Visit us at:*

[www.stocktonanglican.org](http://www.stocktonanglican.org)

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## Selfless Service



Choir: Upcoming Rehearsals:  
Feb 4th, Feb 14th, & Feb 18th

Coffee Hour Hosts: See Cat Rhodes

Altar Guild: February 20th @ 10am

Daughters: February 10th @10am

Bishop's Committee Meeting: February 25th

### Other Ministry Opportunities

Acolyte  
Lector  
Prayer Team  
Collection Counter  
Hospitality  
Usher  
Flowers  
Homebound Ministry  
Senior Ministry



### Food For Families

Thank you for donations to food for families in the manger collection area. The church cannot give away food that is **outdated**. These families have small kitchens so household size nonperishables are needed:

- Peanut Butter
- Canned Meat
- Canned Vegetables
- Canned Fruit
- Grain Products

Kitchen staples such as:

- Oil
- Mayonnaise

are welcome. Thank You.



From Hospitality

St. Francis Hospitality is grateful for your generous donations to the coffee hour fellowship table! When you share your special birthday or anniversary dish with others, your gift is enjoyed and appreciated by all.

Also, a special thank you to Rose Beth for her Sunday Surprises.

Hospitality always welcomes anyone who likes to hang out in the kitchen!

Thank you for your thoughtfulness.

### **Under the Freeway Ministry the First Saturday of Every Month**



Our ladies are always in need of ladies toiletries, such as small shampoos, deodorants, lotions, lip balms, toothbrush, toothpaste, etc,

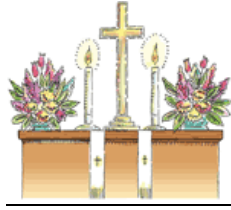
See Samantha Towne for more info. This is an awesome ministry to the homeless women of Stockton.

This ministry piggy backs on the Downtown Feeding of the Homeless on the First Saturday of the Month.

See Deacon Jeff for more details



Don't forget to sign the cards on the back table for our homebound and sick



January Altar Flower Donations

Alberta Rodriguez in memory of her husband, Ray



February

- 4<sup>th</sup> John Stugelmeyer - Jeff Stugelmeyer
- 8<sup>th</sup> Carolyn - Bill Thomas
- 19<sup>th</sup> Joan Griffin - Mike Griffin
- 26<sup>th</sup> Terry Lynch - Kathy Lynch
- 27<sup>th</sup> Jim May Sr - Jane May  
Priscilla Thomas - Bernard Thomas
- 28<sup>th</sup> Madeleine - Sally Kenst



**There is a First Aid Kit, Aspirin and a Defibulator Available under the Attendance Check in Table**



February

- 24<sup>th</sup> Mr & Mrs Davy Emmatty
- 26<sup>th</sup> Mr & Mrs Jose Rosal



February

- 7<sup>th</sup> Ken Sanchez
- 9<sup>th</sup> Rachel Telander
- 12<sup>th</sup> Willie Gaa
- 13<sup>th</sup> Mary Norman
- 14<sup>th</sup> Gloria Sanchez
- 17<sup>th</sup> Ted Yumoto
- 18<sup>th</sup> Jose Matulac
- 19<sup>th</sup> Marilen Gaa
- 22<sup>nd</sup> Jim May
- 23<sup>rd</sup> Ellie Berry
- 26<sup>th</sup> Phil Berghuis
- 27<sup>th</sup> Phil Spohn
- 28<sup>th</sup> Bernard Thomas



Please pray for your Bishop's Committee and they attend the Diocesan Bishop's Committee Retreat February 16<sup>th</sup> – 18<sup>th</sup>



Also let us welcome our New Bishop's Committee members:  
Mark Kemalyan  
Agnes Olmsted

February 2018						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3 Holy Eucharist 9:30am
4 Epiphany V 9:30 Holy Eucharist	5	6	7	8	9	10 Daughters of the Holy Cross 10am
11 Epiphany VI 9:30 Holy Eucharist	12	13	14 Ash Wednesday Imposition of Ashes 12Noon 7pm	15	16 Soup/ Stations of the Cross - 6pm	17
18 Epiphany VII 9:30 Holy Eucharist	19	20 Altar Guild Meeting 10am	21 Movie & Popcorn - 6pm	22	23 Soup/ Stations of the Cross - 6pm	24
25 Epiphany VIII 9:30 Holy Eucharist Bishop's Committee Meeting	26	27	28 2pm O'Connor Woods Mass Movie & Popcorn - 6pm			

### The Messenger

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You can sign up for Sunday Altar Flowers on the sign up sheet at the card table under the Welcome Sign.

Requested donation is \$35-\$40.

Coming Next Month in March ----

St Francis Church begin a Taizé Service on the 2<sup>nd</sup> Wednesday of each month beginning March 14<sup>th</sup> with gathering at 5pm and Taizé beginning at 6pm



**Taizé** (Tai-zé) - The singing of distinctive and much-repeated prayer chants during candlelit prayer service. Taizé music highlights simple phrases, usually lines from the Psalms or other pieces of scripture, repeated or sung in canon. The repetition is designed to help meditation and prayer.



<http://stocktonanglican.org/sermons/>



Support us, O Lord, with your gracious favor through the fast we have begun; that as we observe it by bodily self-denial, so we may fulfill it with inner sincerity of heart; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.



Did you read your Annual Meeting Packet?

Did you find a ministry that you are interested in?

Contact that ministry leader or the church office 565-0648 M-F 9am - 1pm



LENTEN OFFERING BOX – is located on the bookshelf next to the font.



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